

Dwelling Richly
COMMUNITY BIBLE STUDY

A hand holding a globe with stars hanging from above. The background is a textured, light-colored fabric. The globe is painted with green continents and blue oceans. The hand is painted in shades of brown and tan. Stars of various colors (yellow, orange, purple) are hanging from the top of the image by thin black lines.

GENESIS:

Lost & Found

Lesson Four

Genesis 4:1-10:32



"Let the Word of Christ
dwell in you richly."

Colossians 3:16

Dwelling Richly

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...My Heart to Yours...



This Bible study is dedicated to our dear friend, Lorraine, whom the Lord called home before we were ready and yet in His sovereign time.

*You fought the good fight
You finished the race
The Lord called you home
to see Him face to face
Our hearts are aching
But still, we rejoice
Before taking you to Him
He returned your voice
You're Home now and whole
Embraced by the Son
Hearing His words,
"Welcome home, well done."*



While all of us who loved her are left with questions, the hurting, the grief - Lorraine knew the Lord, and she would want us to praise Him for healing her and bringing her home. Lorraine didn't just know the Lord - she loved Him! She led others to Him, taught us to seek Him, prayed fiercely, and engaged well.



She knew in whom she believed. She was convinced that He would be able to guard what she had entrusted to Him "until that day." She now knows as she has been fully known. She now sees clearly what was once dim. She is rejoicing now with her Savior.



And for those who loved her, we do grieve, but we don't grieve as those without hope. For our hope was hers and we wait in hope for the Lord, He is our help and our shield. In Him our hearts rejoice for we trust in His holy name.

She is now whole and Home and with our Father. May we, like Lorraine, "fight the good fight and finish the race set before us."



Jennifer





Through weakness, we lean on Jesus.
We learn to trust and grow in
endurance. As our faith grows, so does
our obedience. And our obedience of
faith brings glory to God.

-Lorraine Frias, “The Obedience of
Faith”, Summer 2021

Lorraine delivered what would be her final message at La Mirada Church to our women’s Bible study. You can listen to her message on the Dwelling Richly podcast or my YouTube channel.

Lesson Four Day One

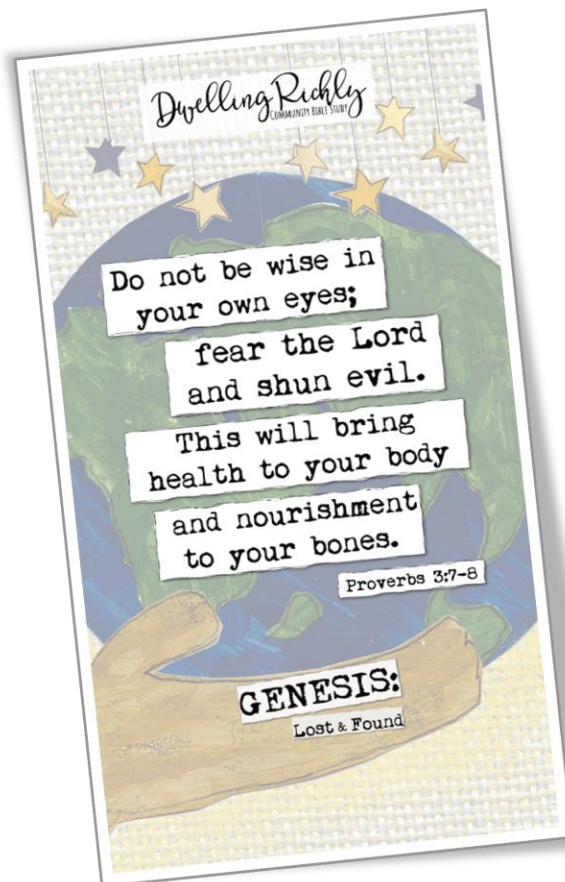
- Introduction -

Here's an overview of the study for this lesson

...Day by Day...

<input checked="" type="checkbox"/>	<u>My Date</u>	<u>Day</u>	<u>Content</u>
<input type="checkbox"/>	_____	Day 1...	Genesis 2:4-3:24 Message - Review of Lesson 3
<input type="checkbox"/>	_____	Day 2...	Genesis 4:1-10:32, Proverbs 3:1-34 - Read Through
<input type="checkbox"/>	_____	Day 3...	Genesis 4:1-26
<input type="checkbox"/>	_____	Day 4...	Genesis 5:1-32
<input type="checkbox"/>	_____	Day 5...	Genesis 6:1-22
<input type="checkbox"/>	_____	Day 6...	Genesis 7:1-24
<input type="checkbox"/>	_____	Day 7...	Genesis 8:1-19
<input type="checkbox"/>	_____	Day 8...	Genesis 8:20-9:17
<input type="checkbox"/>	_____	Day 9...	Genesis 9:18-10:32
<input type="checkbox"/>	_____	Day 10...	Create & Share

...Memorize...



JenniferGRichmond.com/Wallpapers

Lesson Four Day One



...Quiet Time / Review...

- Quiet Time is set aside for each of us to settle in and prepare for our Bible study group time ahead. Breathe. Pray. Reflect and Prepare quietly on your own and allow others to do the same
- **Please refrain from talking to others during this time, instead** - Quietly reflect on the questions here and prepare your heart for your Grace Group time.
- **New here? Didn't get the lesson done?** If today is your first time at Bible study or you weren't able to complete the previous lesson, complete #1 below, then skim through the previous lesson (you can get a packet from a group leader) and skip to #4 below.

1. **In the previous lesson** we read and studied through Genesis 2:4-3:24 as well as Psalm 139. What image comes to your mind as you think back through the Genesis passage? What about Psalm 139?

2. **Thinking back** over your study time, what made it successful? challenging?

3. **Which verse/verses from this passage...**

...were the most interesting to you?

...left you with the most questions?

Look over the Grace Group questions on the next page.

Before Grace Groups, we'll recite our verse together:

"Search me, God, and know my heart. Test me and know my anxious thoughts. See if there is any offensive way in me and lead me in the way everlasting."

Psalm 139:23-24

Lesson Four Day One

...Grace Groups - Review Previous Lesson...

- ☐ God's Word is our standard. We'll use the Bible - not personal opinion, popular teachers, or church tradition - as our guide for everything. We are using the New English Translation (NET) Bible for this study.
- 🤝 We come from varying religious & political backgrounds. Remember: 'In essentials, unity; in non-essentials, liberty; in all things, charity.'
- 🚫 Avoid commentaries or study notes in your Bible - do your own thinking. Trust God, pray, ask for wisdom then read and answer on your own.
- ❤️ We're all learning. Be gracious and patient with yourself and with others. No one has it all figured out.
- 👍📖 This is a Bible study - not a personal-opinion group. So, there are going to be "right" and "wrong" answers in keeping with the truth of God's Word.
- 🗣️ You don't have to share, but if you did the reading and the study this week, why not chime in? We all benefit from one another's thoughts and questions. I bet you have something great to share!
- 😊 Discussion questions are written with care to move you through the previous lesson and prepare you for the lesson to come. Please read and answer them all and do not skip over any.
- 👉 Didn't finish the study this week? That's ok. Life gets busy. **You're here! Yay you!** This will be a good week for you to listen and perhaps jot down thoughts as others share.
- ⌚ Be considerate of how much you're talking. Share your thoughts and allow time for others to do the same - limit yourself to about 2 minutes maximum. Your group leader will help with that.
- 🕒 Watch the time. Teaching Review begins promptly at 10:40 (morning session) and 7:40 (evening session) and is about 40 minutes. Leaders will wrap up the discussion time at 10:30am or 7:40pm to allow for prayer and a bathroom break.

...Let's Look Back Together...

- *Pass around the Prayer Journal. If you have a prayer request that is more personal, you can share privately with your group leader or our teaching leader, Jennifer, after the study.*

DAY 1... Share a point that was helpful to you from the Lesson 3 Teaching Time (Lesson3/pg 64)

DAY 2... Read "My Heart to Yours" (pg 66) and share any note from your reading through this passage.

Share your responses to...

DAY 3... #9 & #10

DAY 4... #1, #7 & #8, #9

DAY 5... #5 and #10

DAY 6... #1, #6, and #12

DAY 7... #9

DAY 8... #9

DAY 9... #2 and/or #8

DAY 10... Share your Create & Share

As time permits, share any questions, comments, thoughts you had reading through Genesis.

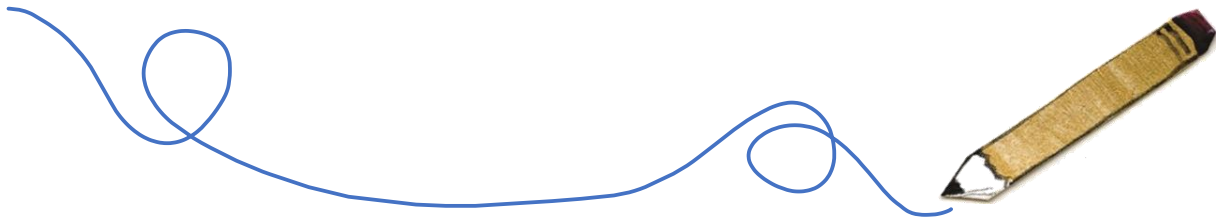
Reminders...

- **Scripture** references are from the New English Translation unless noted otherwise
- **Got Questions?** Email jennifer@LaMiradaChurch.com with any question you have from the passage we're studying. I'll share my thoughts and response Mondays at 7pm on the Dwelling Richly podcast and my YouTube channel [YouTube.com/c/JenniferRichmond](https://www.youtube.com/c/JenniferRichmond)

Next up...teaching time...take notes on the next page. 😊

Lesson Four Day One

“The Plan & the Plot” Genesis 2:4-3:24
Lesson Three Review - Notes



Lesson Four Day Two

Memorize & Meditate

Proverbs 3:7-8



- Pray.** Ask God to help clarify your purpose as you begin.
- Memorize.** Write Proverbs 3:7-8 in the box above.
- Read.** Genesis 4:1-10:32 and Proverbs 3:1-35.

Today's Focus: Getting the Big Picture

- **Got Questions?** Email me then join the Dwelling Richly podcast or YouTube video for my responses Mondays at 7pm - Jennifer@LaMiradaChurch.com
- **Free Resource!** *Hitchcock's Dictionary of Biblical Names* JenniferGRichmond.com/bible-study-resources
- **Preview Day Ten** and consider doing a little each day
- **Big Idea:** Always ask, "What am I understanding about the nature and character of God?"
- **Listen to "A Plan and a Plot"** - the Lesson 3 Review message. You'll find details in that message to be very helpful as you study through Lesson 4.

1) Day Three: Genesis 4:1-26

God's Actions/Name/Character

Word/Phrase/Idea that has me curious...

Key People/Places

Connecting to Proverbs 3

2) Day Four: Genesis 5:1-32

God's Actions/Name/Character

Word/Phrase/Idea that has me curious...

Key People/Places & Repeated Phrase

Connecting to Proverbs 3

3) Day Five: Genesis 6:1-22

God's Actions/Name/Character

Word/Phrase/Idea that has me curious...

Key People/Places

Connecting to Proverbs 3

Lesson Four Day Two

4) Day Six: Genesis 7:1-24

God's Actions/Name/Character

Word/Phrase/Idea that has me curious...

Key People/Places

Connecting to Proverbs 3

5) Day Seven: Genesis 8:1-19

God's Actions/Name/Character

Word/Phrase/Idea that has me curious...

Key People/Places

Connecting to Proverbs 3

6) Day Eight: Genesis 8:20-9:18

God's Actions/Name/Character

Word/Phrase/Idea that has me curious...

Key People/Places

Connecting to Proverbs 3

7) Day Nine: Genesis 9:19-10:32

God's Actions/Name/Character

Word/Phrase/Idea that has me curious...

Key People/Places

Connecting to Proverbs 3

Lesson Four Day Three

Memorize & Meditate

Proverbs 3:7-8



- Pray.** Always open in prayer. Ask God for peace and wisdom today.
- Memorize.** Write the verse in the box above in **ALL CAPS**
- Read.** [Genesis 4:1-26 and Proverbs 3:1-35](#)

Today's Focus: Deadly Pride

1. **What's in a Name?** Based on Eve's words in Genesis 4:1, what is the significance to her of her son Cain? Consider Also Genesis 3:15-16 and God's Word to her and the serpent.

2. Consider how God engaged with Cain and how Cain engaged with God. Note the sequence of the encounters and the wording:

	<u>CAIN</u>	<u>GOD</u>
4:3		
4:4		
4:5		
4:6-7		
4:9		
4:10-14		
4:15-16		

3. **Warning ignored.** What was God's warning to Cain? How did Cain respond?

Lesson Four Day Three

4. **"Let Scripture interpret Scripture."** We know a bit about Cain and even less about Abel, and yet their lives and actions impacted all of history. What does the Holy Spirit teach us about Cain? About faith? About true righteousness and Abel's life?

CAIN

ABEL

[Hebrews 11:4](#)

[1 John 3:12](#)

[Jude 1:10-11](#)

[Luke 11:50-51](#)

5. **Mercy & Judgment.** How are God's grace and mercy revealed in His relationship with Cain? Considering what Cain had done, does anything surprise you in how God relates to him? Explain...

6. **Like father like great-great-great-grandson.** How does Cain's great-great-great-grandson follow his footsteps. What are Lamech's sins?

4:19 _____

4:23 _____

4:24 (implied) _____

7. **Compare** the wording of Genesis 3:15 and Genesis 4:25. How might Eve have had hope in Seth as a fulfillment of Genesis 3:15?

8. **Why not, God?** What was wrong with Cain's offering? Was it the offering or his attitude or...?

9. **A cautionary ~~tale~~ truth.** How is God's warning to Cain (Genesis 4:6-7) a warning to you today?

10. **Connect.** Think of two events from Genesis chapter 4 that you find echoed in the truths of Proverbs 3.

Genesis 4: _____ and Proverbs 3:_____

Genesis 4: _____ and Proverbs 3:_____

Lesson Four Day Four

Memorize & Meditate

Proverbs 3:7-8



- Pray.** Thank God for helping you learn His Word and get to know Him better.
- Memorize.** Write with your eyes closed
- Read. Genesis 5:1-32 and Proverbs 3:1-35

Today's Focus: Walking with God

1. **Problematic Progression.** What does Genesis 4:16-24 say about man's progress and yet man's problem?
2. **Two Books. One Genealogy.** Read Genesis 5:1 and Matthew 1:1. What is the common phrase?
3. **Read Luke 3:23-38.** How does this passage compare to Matthew 1:1-16?
4. **What does Genesis 5:1-2 tell us about God's original purpose for mankind?**

How does the outcome of Genesis 5:3 compare to that original plan?
5. **God's Truth/Satan's Lie.** Review Genesis 2:17 and 3:4 and note God's truth and Satan's lie:

Lesson Four Day Four

6. **Repeated for emphasis.** How is Satan's lie from Genesis 3:4 repeatedly and pointedly exposed throughout Genesis 5:5-31? Who is the unique exception to this pattern?

7. **"Let Scripture interpret Scripture."** Once again we can get understanding if we read Scripture to help us know Scripture. Who was the first prophet and who affirmed him as a prophet? Who was the second?
Luke 11:50-51 Jude 1:14-15

8. **A tale of two trees.** Complete the family trees of Cain (Gen. 4:17-22) and Seth (Gen. 5:6-28). How many generations from Adam to Noah?



Add details to the tree - the meaning of names, their occupation, or other information provided in Scripture. Use your concordance and "Hitchcock's Dictionary of Biblical Names" - free online, see intro. note on page 93

9. **Walking with God.** Is your life one that would be listed on your family tree as one who, like Enoch, "was commended as one who pleased God?" Why or why not? Consider what Proverbs chapter three teaches about walking with God and how you can step up in your walk today. Write 3-4 specific truths from Proverbs three that will inspire and remind you to live like Enoch and help you faithfully walk with God today. *Consider writing these verses on a sticky note and keeping them in your sight throughout the day as a reminder.*

Lesson Four Day Five

Memorize & Meditate

Proverbs 3:7-8



- Pray by name for those in your Grace Group
- Memorize. Recite the verses aloud as you write.
- Read Genesis 6:1-22 and Proverbs 3:1-35

Today's Focus: Corruption and Correction

1. **Messing with God's Mandate.** Consider Genesis 1:28. What was God's original command to His creation?

2. **Review** Genesis 3:15. What was God's **curse** upon Satan and **promise** to the woman?

What does Scripture teach about the end of the curse and the fulfillment of the promise?

1 John 3:8

Romans 16:20

Hebrews 2:14

3. **Who going on?** Who are the people described in Genesis 6:1-8? Note details about who they were and what they did.

6:2 _____ -

6:4 _____ -

6:4 _____ -

6:8 _____ -

4. **"Let Scripture interpret Scripture."** What does Scripture say about "the sons of God?"

Consider [Job 1:6, 2:1, 38:7](#). Write as many details as you can. *For example: Who were they? Where did they "live?" With whom did they associate? How did they interact with God? How are they described poetically?*

(Reminder: we are using the NET translation for this Bible study.)

Lesson Four Day Five

5. How does God respond to what is happening on earth?

6:3

6:5

6:6

6:7

6. Describe Noah based on the following:

Genesis 5:29

Genesis 6:8, 9, 10

Genesis 6:22

Hebrews 11:7

2 Peter 2:5

7. What repeated points do you see in Genesis 6:11-12?

...what God saw -

...the earth itself -

How does God's Word connect this point to us today? Consider Matthew 24:37-39

8. Summarize the following about the ark:

Structure (6:14-16)

Reason (6:17-18)

Animals (6:19-20)

Food (6:21)

<https://arkencounter.com/> to visualize more about the ark.

9. "As in the days of Noah..." How are the "days of Noah" similar to our current time?

10. Proverbs Three & Me. Describe a specific way you can apply a truth from Proverbs chapter 3 along with the testimony of Noah's example to your life today:

Lesson Four Day Six

Memorize & Meditate

Proverbs 3:7-8



- Pray**...for those in your life who continue to reject God that they will repent
- Memorize.** Recite the verses aloud as you write.
- Read** Genesis 7:1-24 and Proverbs 3:1-35
- Sing.** Listen to this classic as you complete today's lesson. jgrblog.fun/ShutDeDo

Today's Focus: "Shut De Do"

1. **Toledot.** Note key moments in the "toledot" (account) of Noah from chapters 5-7: family names, events, ages, time period, connections to other events, and people that you can think of.

5:28-29

*5:32

6:8-9

6:13-22

7:1-7, 13-16

7:11-12

7:22

2. **Promise Made.** Read Genesis 6:7, 11. What did God promise to do and why?

3. **Promise Kept.** Review the following passages. How do they confirm God's promise?

7:11

7:12

7:19

7:22

4. **"Let Scripture interpret Scripture."** What does Scripture say about Noah and "the days of Noah?"

Consider [Matthew 24:38-39](#), [Luke 17:26-27](#), [Hebrews 11:7](#), [1 Peter 3:20-21](#), [2 Peter 2:5-6](#)

Noah was considered...

The days of Noah were...

Lesson Four Day Six

5. **Everything? Everyone?** How total was the flood and destruction? What was covered in the flood? Who was destroyed? Skim back through Genesis 6-7 and make note of wording that indicates the extent of God's judgment, destruction, death, flooding, etc. Include references with each:

6. **Part or Whole?** How complete was God's judgment and how complete will it be?

Genesis 6:7, 7:4

2 Peter 2:5, 3:5-6

7. **Clean and Unclean?** What's the difference between the animals on the ark?

Consider Genesis 7:2 along with Leviticus 5:2, 11:4-41

8. **Math & Months.** When did it happen? According to Genesis 7:11, when did the flood start?

How old was Noah when the flood began? ____ How old was Noah when he fathered his sons? ____

About how long did it take Noah to build the ark? ____

9. **"Shut the Door"** Who shut the door to the ark? _____ Why not Noah or one of his family members?

What does this tell you about the character of God?

10. **Proverbs Three & Me** Consider Proverbs 3:19-20, 25-26. What truths do you see here that will be a reminder to you of the reliable nature of God in your life today?

Lesson Four Day Seven

Memorize & Meditate

Proverbs 3:7-8



- Pray** for a willing heart to give every part of your life to God
- Memorize.** Write with your non-dominant hand
- Read** Genesis 8:1-19

Today's Focus: God Renews His Creation

1. **A Lot Can Happen in a Year.** Note the events that took place in the 370 days from start to finish in the Toledot of Noah's flood account

7:4, 10

7:11, 13

7:12

8:4

8:5

8:7

8:8

8:10

8:12

8:3

8:13

8:14-19

2. **But God remembered Noah.** Does God forget? Does God have a bad memory? Let Scripture interpret Scripture and let it remind you of the truth about God.

What was it about Noah that God "remembered?"

What do these passages along with Genesis 8:1 remind you about God's character?

[Exodus 2:24; 32:13](#)

[Psalm 25:6-7; 74:2](#)

3. **Think back.** How does Genesis 8:1 connect back to Genesis 1:2?

Lesson Four Day Seven

4. **Where's that at?** Locate the “mountains of Ararat” on a map. Use your Bible maps or other atlas source. Sketch that location and label modern countries including Israel also.

5. **Raven *then* dove?** Consider the kind of birds Noah used. Why do you think Noah sent out a raven first and then a dove?

Describe the result of each of the three missions of the dove

6. **How'd he know?** How does Noah know there was dry land?

7. **Creation and re-creation.** How do God's actions in the flood account parallel the creation account? Consider: Genesis 6:22; 7:5, 9, 16; 8:1, 15-19

8. **Leave. Cleave. and Heave ho.** She married Noah and embarked on the journey with him as his faithful “ezer” – but we have no personal details about Mrs. Noah. Consider things from Mrs. Noah's perspective. How has Noah's calling impacted your faith? How has your faith been challenged? How do you see the truth of God in your life now as the ark opens and you prepare to set foot on dry land? Write your thoughts in the 1st person as Noah's wife:

Lesson Four Day Eight

Memorize & Meditate

Proverbs 3:7-8



- Pray** Who can you pray for by name today?
- Memorize.** Recite the verses aloud as you write.
- Read** Genesis 8:20-9:17 along with Proverbs 3:1-35

Today's Focus: God's First Covenant

1. **Define worship:**

2. **Overcome with...** Describe how you imagine Noah and his family are feeling as they finally step off the ark.

Noah:

Mrs. Noah:

One of the sons or sons' wives:

3. **First Things First.** What is Noah's first act after leaving the ark?

4. **Picture it.** Draw a picture to illustrate Genesis 8:20-22. Include a paraphrase of God's Words in your illustration.

Lesson Four Day Eight

5. **Knowing God.** What do these passages teach you about God?

Genesis 8:21

Leviticus 1:9, 13; 23:18

Ephesians 5:2

6. **No more.** To whom is God speaking in Genesis 8:21-22? _____ What does God promise?

8:21a

8:21b

8:22 (think of the normal cycle of nature) no more...

7. **That was then. This is now.** How will things be different in the post-flood world?

9:2

9:3-4

8. **Your new normal.** What new commands and repeated expectation does God make clear to Noah and his family in Genesis 9:1-7?

9. **A Divine Covenant.** Define "covenant."

What was God's covenant and with whom did He make it?

10. What does it mean to you personally when you consider the sign of God's covenant?

Lesson Four Day Nine

Memorize & Meditate

Proverbs 3:7-8



- Pray** by name for those in your Grace Group
- Memorize.** Write in Rainbow colors!.
- Read** Genesis 9:18-10:32 and Proverbs 3:1-35

Today's Focus: Trouble Brewing

1. What was God's **command** to Noah and his family? (Repeatedly given from 8:17-9:7)
2. How does Genesis 9:18-19 **summarize** their fulfillment of that **command**?
3. **Career change.** After the flood, what was Noah's occupation? How was this a blessing and how did it become a curse?
4. **Known by their deeds.** Describe the behavior of Noah's sons in Genesis 9:22-23. What does their responses say to you about their character? Note the specific wording that describes Ham's actions.
5. **Sober judgment.** How does Noah react when he sobers up?

Lesson Four Day Nine

6. **To wine or not to wine?** What do these passages say about drinking alcohol?

Genesis 27:28

Psalms 104:15

Proverbs 20:1

Proverbs 23:19-21, 29-33

John 2:1-12

Ephesians 5:18

1 Timothy 5:23

7. **Whose sin is in focus?** Noah's or Ham's? Why do you think this is so?

8. **Noah's only recorded words.** Paraphrase Noah's prophecy over his sons in Genesis 9:24-29

9. **Whose of note in this Toledot?** Throughout this list of names or "Table of Nations" make note of people or people groups who get specific details. Think about what you already know about the biblical accounts in the Old Testament. Any people groups sound familiar? Infamous? Also note any repeated phrases in this chapter.

What is the purpose of this chapter? (10:1, 32)

Japheth's descendants (10:2-5)


Ham's descendants (10:6-20)

Shem's descendants (10:21-31)

Lesson Four Day Ten

Memorize & Meditate

Proverbs 3:7-8

- Pray.** Ask God to help you grasp the significance of His covenant
- Memorize.** Write your verse in a rainbow of colors! 

Create & Share

Supplies you'll need:

- 1) Kitchen Timer
- 2) Color! markers, crayons, pens, pencils, watercolors, or paint...fabric, scrapbooking paper, magazine photos...? Be colorful and creative!
- 3) Sheet of paper

Instructions:

For each question below, **give yourself 90 seconds** - only 90!
Write down as many words or phrases as you can think of.



What words come to your mind when you think of the rainbow?
(90 seconds...Ready...Set...Write!)



What does it mean to you personally that God made a covenant with Noah?
(90 seconds...Ready...Set...Write!)



What do the rainbow & the covenant reveal to you about the character of God?
(90 seconds...Ready...Set...Write!)



Next, incorporate your words/phrases into an illustration of the rainbow.
Use the page attached or any page - big or small - that you prefer. Draw, color, collage, cut-out, write...create!
Be sure to share your creation and bless others with what God is teaching you.

